1st Congress of the Lebanese Society of Plastic, Reconstructive & Aesthetic Surgery
World Congress of Plastic Surgeons of Lebanese Descent
Oct. 14-17, 2010, BEIRUT - LEBANON

www.lspras.com
Dear colleagues,

It is my pleasure and joy to invite you to participate in the 1st Annual Congress of the Lebanese Society of Plastic, Reconstructive, and Aesthetic Surgery (LSPRAS) and the World Congress of Plastic Surgeons of Lebanese Descent, the greatest scientific event of our specialty in the Middle East in 2010, in the ever resurrecting vibrant city of Beirut.

Several years ago we have organized the 1st Lebanese-Brazilian Plastic Surgery Meeting which has attracted many of our Brazilian colleagues as well as many other friends. Two ISAPS courses and one MBC course have also been organized successfully in Beirut over the last few years. With this present Congress being extended to all Plastic Surgeons of Lebanese descent and with ISAPS endorsement as well as the participation of Professor Illouz Association (PIA) and the Mediterranean Council for Burns and Fire Disasters (MBC), colleagues from North, Central, and South America as well as from Europe, Australia, North Africa and the Middle East are expected to participate.

There is no doubt that this will be a popular Congress. An International Advisory Committee composed of prominent international Plastic Surgeons is a sure guarantee to the scientific value and quality of this event. Besides free-papers, poster sessions and key note lectures special sessions like debates on hot issues will be organized. The Hotel venue along with other hotels within very short walking distance will conveniently accommodate all the needs of the Congress. For trainees, there will be a reduced rate of registration fee and of course, for all who wish to take advantage of the "early bird" registration. An attractive social program will include dining and dancing as well as organized trips and visits to the most interesting sites of Lebanon including a visit to the newly renovated and rebuilt Beirut Downtown, Jeita Grotto, the new world wonder, and a visit to the old Phoenician port of Byblos, city of the Alphabet, and the most ancient continuously inhabited city of the world. An optional pre-congress tour to Baalbeck, the biggest and best preserved Roman temple complex in the world is also in the agenda. Should you decide to extend your stay, the travel agent associated to this Congress will be pleased to arrange visits to other sites such as the Cedars, Sidon, and Beiteddine Palace.

We are looking forward to welcoming you in Lebanon for several days full of science, pleasure, history and culture. The Organizing Committee will spare no effort to make this event successful and unforgettable for all.

Bishara Atiyeh, MD, FACS
President LSPRAS
General Secretary MBC
1st ANNUAL CONGRESS OF THE LEBANESE SOCIETY OF PLASTIC, RECONSTRUCTIVE, & AESTHETIC SURGERY – LSPRAS & WORLD CONGRESS OF PLASTIC SURGEONS OF LEBANESE DESCENT

METROPOLITAN PALACE HOTEL
Beirut – LEBANON, October 14 - 17, 2010

www.lspras.com  www.estheticlebanon.org

Organized by
LEBANESE SOCIETY OF PLASTIC RECONSTRUCTIVE & AESTHETIC SURGERY - LSPRAS

Specially endorsed by
INTERNATIONAL SOCIETY OF AESTHETIC PLASTIC SURGERY - ISAPS

With the participation of
Prof. ILLOUZ ASSOCIATION - PIA & EURO-MEDITERRANEAN COUNCIL FOR BURNS & FIRE DISASTERS - MBC

Chairman: Bishara Atiyeh

Local Organizing Committee:
Sami Saad
Georges Ghanime
Elie Abdel Hak
Ziad Sleiman
Shady Hayek
Marwan Nasr
Ali Nasser
Paul Audi
Rami Andari

Scientific Committee:
Bishara Atiyeh
Nabih Sader
Imad Kaddoura
Fadi Ferran
Nabil Hokayem
Souheil Hojeily

CME Credits to be awarded by
Lebanese Order of Physicians

Social Committee:
Ahmad Zaatar
Bassem Karam
Fady Ziz
May Hatem

for 3rd Prof. ILLOUZ ASSOCIATION (PIA) Conference
Catherine Bergeret-Galley
Luiz Toledo

SPECIAL AWARD FOR BEST PRESENTATION BY A YOUNG PLASTIC SURGEON (in training / less than 5 years in practice) 1000 US$
Abstracts must be submitted before August 31st, 2010

SECOND ILLOUZ PRIZE contact Dr. JM AVELAR - juarezavelar@bol.com.br

Georges GHANINE, MD nghanime@yahoo.com
Sami SAAD, MD info@samisaadmd.com

SECOND ANNOUNCEMENT
TOPICS
Obesity, Fat Metabolism, Fat Transfer and Stem Cells
Facial Rejuvenation
Rhinoplasty
Fillers, Botox, Laser
Breast Cosmetic and Reconstructive Surgery
Body Contouring
Post-Bariatric Surgery
Reconstructive Surgery
Hand Surgery and Microsurgery
Burns
Wound Healing
Miscellaneous
Deadline for abstract submission: August 31st

SCIENTIFIC PROGRAM

Thursday October 14
12:30-17:00 3rd Conference of Prof. ILLOUZ ASSOCIATION – PIA
Celebration of
The “2010 - 30 Years Prof. Illouz
Teaching Liposuction all over the World”

Friday October 15
9:00-13:30 Scientific Sessions
15:00-17:00 Scientific Sessions

Saturday October 16
8:00-13:30 Scientific sessions

Sunday October 17
9:00-13:30 Scientific Sessions
15:30-18:00 Scientific Sessions

SOCIAL PROGRAM

Wednesday October 13
Pre-congress 1 day tour Baalbeck (optional)

Thursday October 14
19:00 OPENING CEREMONY
20:30 Welcome Dinner/Reception

Friday October 15
13:30-15:00 Lunch
16:45 Tour – Byblos Old City & Port
20:30 Dinner

Saturday October 16
13:30-14:45 Lunch
13:15 Lunch + Tour – Jeita Grotto
21:30 Gala Dinner

Sunday October 17
14:00-15:30 Lunch
16:45 Tour – Beirut Down Town
21:00 Dinner

LANGUAGE English

VENUE METROPOLITAN PALACE HOTEL*****
http://palacebeirut.habtoorhotels.com
ACCOMODATION

Rooms at hotel venue site Metropolitan Palace Hotel are limited first come first served. All reservations are to be made with the congress travel agent to guarantee negotiated preferential rates. Two alternative hotels are at a very short walking distance from the venue site. Hotel reservation guaranteed only if made before July 31st 2010 pending availability accompanied by full payment of hotel and package registration fee.

ACCOMODATION

<table>
<thead>
<tr>
<th>Single Bed</th>
<th>Double Bed</th>
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<tbody>
<tr>
<td>Metropolitan Palace Hotel</td>
<td>200 US $</td>
</tr>
<tr>
<td>Habtoor Grand Hotel</td>
<td>225 US $</td>
</tr>
<tr>
<td>Padova Hotel</td>
<td>125 US $</td>
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</tbody>
</table>

In case of any changes in VAT during 2010, rates will be revised accordingly.

FULL PACKAGE REGISTRATION FEE

Includes admission to scientific sessions, exhibit, transfer from and to airport, and all functions of the social program except optional tour on October 13.

<table>
<thead>
<tr>
<th></th>
<th>Participants</th>
<th>Accompanying Persons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before June 30th</td>
<td>575 US $</td>
<td>500 US $</td>
</tr>
<tr>
<td>Before July 31st</td>
<td>650 US $</td>
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<tr>
<td>After August 1st</td>
<td>750 US $</td>
<td>600 US $</td>
</tr>
<tr>
<td>On site</td>
<td>900 US $</td>
<td>800 US $</td>
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</table>

Optional full day tour October 13: 100 US $.

ON SITE REGISTRATION FEE


Includes admission to scientific sessions and exhibit, lunches and coffee breaks ONLY. Tickets for other social events (dinners and tours) may be purchased separately.

PACKAGE REGISTRATION FEE FOR LSPRAS MEMBERS

Includes all social program functions: 550 US $; Includes lunches on Oct. 15 & 17 and Gala Dinner: 300 US $.

CANCELLATION AND REFUND

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Refund Policy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before June 30th</td>
<td>Full refund minus 10% fee</td>
</tr>
<tr>
<td>July 1st – August 31st</td>
<td>50% refund</td>
</tr>
<tr>
<td>After September 1st</td>
<td>No refund</td>
</tr>
</tbody>
</table>

ADD 35 US $ TO YOUR PRE-REGISTRATION PAYMENT FOR LOCAL BANK CHARGES.

INSURANCE

Participants are strongly advised to arrange their personal insurance policies. Delegates are advised to acquire health and accident insurance prior to travelling to the congress. The Congress Organizers do not assume any responsibility for accidents, losses or damages, as well as for delays or modifications in the program caused by unforeseen circumstances. No claims for indemnification from the organizers shall arise for contractors or participants in case of cancellation, for any reason, of the entire congress.

PASSPORT AND VISA

Any person entering Lebanon, must hold a passport which is valid for a period of at least 6 months and an appropriate visa, the latter issued at the Lebanese Embassies and Consulates abroad, or by the Directorate General of Security at the Lebanese border or airport.

Nationals of Syria, Jordan and Turkey do not require an entry visa.

All visitors requiring a visa should contact the consulate (or consular section at embassy) before leaving for details about where to obtain their visa.

Visas on Arrival to Lebanon

The citizens of the following states are given a direct renewable multiple entry visa, providing passport holders do not carry an Israeli stamp on their passport, and they hold return or onward tickets.

Andorra, Antigua and Barbuda, Argentina, Armenia, Australia, Austria, Azerbaijan, The Bahamas, Barbados, Belarus, Belgium, Belize, Bhutan, Brazil, Bulgaria, Canada, Chile, China Republic, Czech Republic, Costa Rica, Croatia, Cyprus, Denmark, Estonia, Finland, France, Great Britain, Georgia, Germany, Greece, Hong Kong, Hungary, Iceland, Ireland, Italy, Japan, Kazakhstan, Kyrgyzstan, Latvia, Lithuania, Liechtenstein, Luxembourg, Macedonia, Macau (S A R), Malaysia, Malta, Mexico, Moldova, Monaco, Netherlands, New Zealand, Norway, Palau, Panama, Peru, Poland, Portugal, Russia, Romania, Saint Kitts & Nevis, Samoa, San Marino, Singapore, Slovakia, Slovenia, South Korea, Spain, Sweden, Switzerland, Tajikistan, Trinidad & Tobago, Turkmenistan, USA, Ukraine, Uzbekistan, Venezuela, Yugoslavia.

Gulf Cooperation Council Countries: Saudi-Arabia, Kuwait, United Arab Emirates, Bahrain, Qatar, Oman.

TIME ZONE

The time in Lebanon is Greenwich Mean Time GMT +2. In October it is GMT +3 (daylight saving time).

WEATHER

Weather in Lebanon in October is moderate. Rain may be expected. A sweater may be advisable at night.

CURRENCY

1500 Lebanese Pounds (LBP) are equivalent to 1 US $. Payments may be made in US $ and all major credit cards are accepted.
SIGHT SEEING TOURS

OCTOBER 13, 2010, (optional)
Baalbeck, Lebanon’s greatest Roman treasure, can be counted among the wonders of the ancient world. The largest and most noble Roman temples ever built, they are also among the best preserved. Towering high above the Beqaa plain, their monumental proportions proclaimed the power and wealth of Imperial Rome. The gods worshipped here, the Triad of Jupiter, Venus and Mercury, were grafted onto the indigenous deities of Hadad, Atargatis and a young male god of fertility. Local influences are also seen in the planning and layout of the temples, which vary from the classic Roman design. Over the centuries Baalbeck’s monuments suffered from theft, war and earthquakes, as well as from numerous medieval additions. Fortunately, the modern visitor can see the site in something close to its original form thanks to work in the past hundred years by German, French and Lebanese archaeologists. Baalbeck is located on two main historic trade routes, one between the Mediterranean coast and the Syrian interior and the other between northern Syria and northern Palestine. Today the city, 85 kilometers from Beirut, is an important administrative and economic center in the northern Beqaa valley.

OCTOBER 15, 2010
Byblos is one of the top contenders for the “oldest continuously inhabited city” award. According to Phoenician tradition it was founded by the God El, and even the Phoenicians considered it a city of great antiquity. Although its beginnings are lost in time, modern scholars say the site of Byblos goes back at least 7,000 years. Inhabited since Neolithic times, it has been closely linked to the legends and history of the Mediterranean region for thousands of years. Ironically, the words “Byblos” and “Phoenicia” would not have been recognized by the city’s early inhabitants. For several thousand years it was called “Gubla” and later “Gebal,” while the term “Canaan” was applied to the coast in general. It was the Greeks, some time after 1200 B.C., who gave us the name “Phoenicia,” referring to the coastal area. And they called the city “Byblos” (papyrus in Greek), because this commercial center was important in the papyrus trade. Today Byblos (Jbeil in Arabic) on the coast 37 kilometers north of Beirut, is a prosperous place with glass-fronted office buildings and crowded streets. But within the old town, medieval Arab and Crusader remains are continuous reminders of the past. Nearby are the extensive excavations that make Byblos one of the most important archaeological sites in the area.

OCTOBER 16, 2010
What can be so spectacular in a cave? I can hardly find my words for describing such a beauty! It is simply overwhelming and breathtaking, a unique cave, I would say.

Jeita Grotto is the jewel of tourism in Lebanon. It is a nature wonder, and lies only 20 km north of Beirut offering to its visitors qualified modern services and accommodation in harmony with a fascinating nature. It creates a magical trip to tourists enabling them to spend a day of wonder-filled adventure by being carried away from a tangible world to a wonderland where are found 2 fabulous grottoes full of unimaginable beauty and mystic! It is a source of attraction for tourists discovering the mysterious world in the heart of the earth.

The “Touristic Site of Jeita” gathers all elements of nature such as stone, water, trees, flowers, air, animals, etc… with a touch of culture and surrounded with a verdurous environment. It is one of the most impressive and interesting natural sites in the world.
OCTOBER 17, 2010, (optional)
Life has returned to Downtown Beirut. The former "Pearl of the Middle East" is once again an exquisite experience. A bewildering composition of cultures and faiths, perched on a breathtaking sweep of Mediterranean coastline. The most populous city in Lebanon, Beirut, our capital and home to the first law school in the world, dating back to the Phoenician Era, is a tourist attraction to all visitors from around the world. Known to be the commercial and busiest city in Lebanon, the city is the focal point of the region's cultural life, renowned for its press, theaters, cultural activities, and nightlife. After the destructive war, Beirut underwent major reconstruction, and the redesigned historic city center, marina, pubs and nightlife districts have once again rendered it a tourist attraction. Beirut was named the top place to visit in 2009 by the New York Times. It was also listed as one of the ten liveliest cities in the world by Lonely Planet in 2009.

ACCOMODATION

Metropolitan Palace Beach – Sin El Fil (congress venue)
www.palacebeirut.habtoorhotels.com
Tel: +961 1 496 666, Fax: +961 1 498 866, Email: palacebeirut@habtoorhotels.com
Since the opening of the Metropolitan Palace Hotel Beirut, this elegant landmark on Beirut's skyline has become one of the most prestigious and successful hotels in Lebanon. Located in Sin El Fil 5 km from the city centre and 6 km from Beirut International Airport, the five-star Metropolitan Palace Hotel, Beirut combines the best of traditional Lebanese hospitality with unmatched luxury. It offers 183 elegantly appointed guest rooms and suites that are tastefully furnished and stylishly appointed to make you feel home away from home. It offers also 8 meeting rooms that are equipped with the latest technology and caters for various important events. The leisure facilities include a spectacular swimming pool, jacuzzi, sauna, steam bath, fully equipped gymnasium, aerobic and stretching courses.

Habtoor Grand Hotel Convention Center & Spa – Sin El Fil
www.habtoorhotels.com
Tel: +961 1 500 666, Fax: +961 1 498 866, E-mail: grandbeirut@habtoorhotels.com
The Habtoor Grand Hotel Convention Centre & SPA is a full-service luxury hotel in Beirut, conveniently located close to the financial district and to the international airport.
It is the most prestigious landmark to grace the Beirut skyline, Habtoor Grand Hotel Convention Centre & Spa takes hotel and leisure facilities in Beirut to a new level. The hotel offers 195 luxurious rooms and suites all with breathtaking views of the mountains or city of Beirut and designed with comfort, elegance and total relaxation in mind, a range of world-class restaurants, state-of-the-art business and leisure facilities as well as extensive shopping and entertainment choices. This 5 star hotel boasts the largest convention centre in Beirut, with a capacity of up to 3500 guests for conferences and banquets. The huge spa area features state-of-the-art facilities, and you will also find a French restaurant, a jazz bar and a pool bar.

Padova Hotel – Sin El Fil
www.padovabeirut.com
Tel: +961 1 501 333/9, Fax: +961 1 501 340
The 4-star Padova Hotel is situated in the business district of Sin El Fil, only a 10-minute drive from the airport. All rooms have balconies with panoramic views of Beirut. The hotel is in walking distance of major malls, trendy shops, art galleries, banks, restaurants, pubs and night clubs. It is a 5-minute drive from downtown Beirut. Padova Hotel has a charming lobby, elegant bar, a gourmet restaurant serving Lebanese and international dishes, as well as good business facilities.
# Program at a Glance

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Hall A</th>
<th>Hall B</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday October 13</strong></td>
<td>8:00 – 18:00</td>
<td><strong>PRE-Congress 1 Day Tour Baalbeck (optional)</strong></td>
<td></td>
</tr>
<tr>
<td>12:00 – 13:00</td>
<td>3rd Conference of Prof. ILLOUZ ASSOCIATION PIA</td>
<td>Obesity, fat metabolism, fat transfer and stem cells</td>
<td></td>
</tr>
<tr>
<td>13:00 – 18:30</td>
<td>Registration</td>
<td></td>
<td></td>
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<tr>
<td>19:00 – 20:00</td>
<td>OPENING CEREMONY</td>
<td></td>
<td></td>
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<tr>
<td>20:30</td>
<td>WELCOME DINNER</td>
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<tr>
<td><strong>Thursday October 14</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>Friday October 15</strong></td>
<td>8:00 – 9:20</td>
<td><strong>SESSION 1 A</strong> Facial Rejuvenation</td>
<td><strong>SESSION 1 B</strong> Head &amp; Neck Surgery</td>
</tr>
<tr>
<td></td>
<td>Coffee Break</td>
<td><strong>SESSION 2 A</strong> Facial Rejuvenation</td>
<td><strong>SESSION 2 B</strong> Miscellaneous</td>
</tr>
<tr>
<td></td>
<td>Registration</td>
<td><strong>SESSION 3 A</strong> Rhinoplasty</td>
<td><strong>SESSION 3 B</strong> Soft Tissue Fillers &amp; None Surgical Rejuvenation</td>
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<tr>
<td></td>
<td>Lunch</td>
<td></td>
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<tr>
<td>16:45</td>
<td>TOUR: BYBLOS OLD CITY &amp; PORT - DINNER</td>
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<tr>
<td><strong>Saturday October 16</strong></td>
<td>8:00 – 9:20</td>
<td><strong>SESSION 4 A</strong> Breast Cosmetic &amp; Reconstructive Surgery</td>
<td><strong>SESSION 4 B</strong> Reconstructive Surgery</td>
</tr>
<tr>
<td></td>
<td>Registration</td>
<td><strong>SESSION 5 A</strong> Breast Cosmetic &amp; Reconstructive Surgery</td>
<td><strong>SESSION 5 B</strong> Reconstructive Surgery</td>
</tr>
<tr>
<td></td>
<td>Coffee Break</td>
<td><strong>SESSION 6 A</strong> Breast Cosmetic &amp; Reconstructive Surgery</td>
<td><strong>SESSION 6 B</strong> Hand Surgery &amp; Microsurgery</td>
</tr>
<tr>
<td></td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Sunday October 17</strong></td>
<td>8:00 – 10:30</td>
<td><strong>SESSION 7 A</strong> Body Contouring Surgery</td>
<td><strong>SESSION 7 B</strong> Burns &amp; Wound Healing</td>
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<tr>
<td></td>
<td>Coffee Break</td>
<td><strong>SESSION 8 A</strong> Body Contouring Surgery</td>
<td><strong>SESSION 8 B</strong> Breast Cosmetic &amp; Reconstructive Surgery</td>
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<tr>
<td></td>
<td>Lunch</td>
<td><strong>SESSION 9 A</strong> Post-Bariatric Surgery</td>
<td><strong>SESSION 9 B</strong> Miscellaneous</td>
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<tr>
<td><strong>SCIENTIFIC EXHIBITION</strong></td>
<td>8:00 – 18:00</td>
<td>3rd Conference of Prof. ILLOUZ ASSOCIATION PIA</td>
<td></td>
</tr>
<tr>
<td><strong>For information contact</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shady Hayek, MD</td>
<td>tel: +961-3-621179</td>
<td>e-mail: <a href="mailto:sh16@aub.edu.lb">sh16@aub.edu.lb</a></td>
<td></td>
</tr>
</tbody>
</table>
## LUNCHEONS, TOURS, & DINNERS

### Thursday October 14
- **19:00 – 20:00** | OPENING CEREMONY – HALL A
- **20:30** | WELCOME LEBANESE DINNER “Mounir” – Broummana

### Friday October 15
- **13:00 – 14:30** | LUNCH
- **16:45** | TOUR: BYBLOS OLD CITY & PORT DINNER
- **20:30** | “Le Péché” – Tabarja

### Saturday October 16
- **13:15** | TOUR + LUNCH
- **13:30** | LUNCH “Babel” – Dbaye
- **21:30** | VISIT JEITA GROTTO
- **21:30** | WELCOME DRINK & GALA DINNER
- **22:30** | “Emirates Hall”, Habtoor Grand Hotel

### Sunday October 17
- **13:00 – 14:30** | LUNCH
- **16:45** | TOUR: BEIRUT DOWNTOWN DINNER WHITH LIVE ENTERTAINMENT
- **21:00** | “Diwan Shahrayar”, Le Royal Hotel

**Note:** Depending on the number of participants which may be larger than anticipated, venues of functions may be subject to change to equivalent larger facilities.

Single Vouchers for social functions may be acquired at the registration desk.

<table>
<thead>
<tr>
<th>Date</th>
<th>Dinner</th>
<th>Tour</th>
<th>Lunch</th>
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<tr>
<td>Sunday Oct. 17</td>
<td>70 US $</td>
<td></td>
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<td>35 US $</td>
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